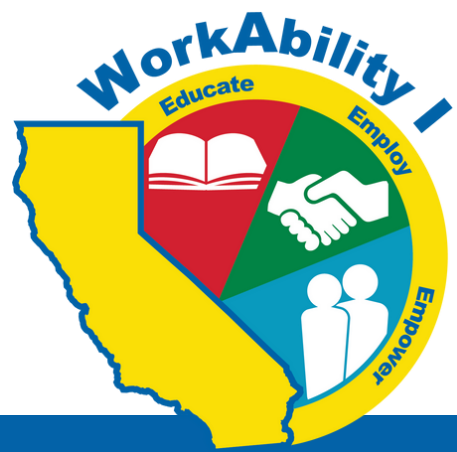


# VIRTUAL LEARNING SERIES

## FAMILY TRANSITION NETWORK



### **The California's Expansion of Family Empowerment Centers: Seeds of Partnership**

#### **Overview**

*Presenters: Noelia Hernández, Robin Ryan, Hannah Michaelsen*

California's Family Empowerment Centers provide services to families with children with disabilities who are between the ages of 3 and 22 to ensure that parents, guardians, and families of children and young adults with disabilities have access to accurate information, specialized training, and peer-to-peer support. The centers are non-profit organizations run mostly by parents, guardians and families of children and young adults with disabilities. All centers provide training and information and work with community partners to meet the needs of parents for the regions they serve throughout California. Participants will also hear from one of the newly funded parent centers, as they share the notable impact this funding and designation has already brought to their region of the state.

[Click Here to Access the Recording](#)

### **Navigating Through Secondary Transition From a Parent Perspective**

*Presenters: Parent Panel with Dr. Jess Nerren, Ms. Renee Arruda, Mrs. Lynn Locke*

This panel will feature parents who have navigated the complexities of their child's transition from secondary education to adulthood. The panelists will share their personal stories, offering valuable insights, strategies, and advice on how to support your child during this pivotal time.

[Click Here to Access the Recording](#)

### **Staying Involved in Your Youth's Transition to Adulthood While Letting Go to Let Them Grow**

*Presenter: Alyssa DiFilippo, PHP's Connections California Program Manager*

Transition to adulthood is a wild and wacky time. It's overwhelming, exciting, and frustrating- all at the same time! How can you alleviate the stress you may experience as your young adult's transition to adulthood approaches? Connections California was created to address this very issue. Parents Helping Parents (PHP) built an online, statewide resource and information hub, a "one-stop shop" for families, covering all aspects of transition to adulthood and adult services. Scan the QR code to learn more about the evening presentation.

[Click Here to Access the Recording](#)

### **Access and Opportunity: Postsecondary Life and College Success for Students with Disabilities**

*Presenter: Student Panel & Mary Harden, Think College*

Think College is a national technical assistance, research, and evaluation center dedicated to developing, expanding, and improving higher education for people with intellectual disabilities. They support evidence-based and student-centered research and practice by generating and sharing knowledge, guiding institutional change, informing public policy, and engaging with students, professionals and families.

The Student Panel, made up of both students a graduates, will discuss their experiences transitioning from secondary programs into college and jobs.

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### **The Importance of Siblings in Future Planning for Individuals with Disabilities**

*Presenter: Liza Stack and Julie Neward*

The California Sibling Leadership Network is the official California state chapter of the nationwide Sibling Leadership Network. Their Mission is to partner with "Sibs" who often become the successor caregiver for their sibling. By offering understanding, advocacy, encouragement, and practical assistance, siblings can play a vital role in supporting their brothers and sisters with disabilities in adulthood and employment opportunities. Join us to learn about this unique relationship, the importance of including "Sibs" in future planning, and ways you can offer support and understanding to their experience.

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